

# ELDERLY KINDNESS



1. Name 3 ways that you could show your love to the elderly.
2. Visit one of your older church members and give them something you've made to show your love.
3. Make a card and take it to an elderly person you know.
4. Visit a nursing home and choose someone to call your "grandparent(s)."
5. Visit this "grandparent" once a week for 4 weeks to show your love to them.
6. Write a paragraph on something you like about your "grandparent".
7. What is the main thing the elderly need?
8. List 3 things that you would do with an elderly person if you had one living in your home.
9. Name 5 things that have to be provided for the elderly.
10. Do something for your grandpa and grandma to show your love.
11. Sit with an elderly person in church and help them find the texts used in the sermon.
12. Remember your grandparents on 2 or 3 special holidays such as: Thanksgiving, Christmas, Grandparents Day, Mother's Day, Fathers's Day.

## HELPS:

- 1.a. Take a meal/cookies with you on your visit.
- b. Yard work
- c. Housecleaning
- d. Visit them

7. love

- 9.a. food
- b. shelter
- c. water
- d. air conditioning or heat
- e. clothing

12. Ideas: centerpiece for Thanksgiving, \*puzzle wreath for Christmas, Valentine cards

\* Cut the center out of a paper plate to use as a guide, put 1 row of puzzle pieces around outside of circle. Glue a second row overlapping the bottom layer. Then a 3rd overlapping #2. After it dries spray paint green and add a red bow.