

HIKING FUN



1. What is the proper type of clothing and footwear for hiking?
2. What side of the road should we walk on?
3. Why is group walking so important?
4. What are the golden rules of hiking?
5. Hike 1/2 mile to a picnic area, carry your own lunch and eat lunch at that area.
6. Hike 1 mile and find nature items for ABC's such as:
a = apple, b = bird, etc.
7. Take two 2 mile hikes within a month. One with the club and one with the family.

HELPS:

4.
 - a. Never cut trees
 - b. Never pull up live plants
 - c. Don't remove any type of markers that have been set up
 - d. Stay off "No Trespassing" property
 - e. Ask permission before hiking on private property
 - f. Leave your matches and knives at home
 - g. Always hike with a partner
 - h. Don't litter
 - i. Always carry water with you