

## RECIPE COLLECTING

1. Plan a meal with the help of your parents.
  - A. Collect the recipes you need.
  - B. Make a list of ingredients you need.
  - C. Check to see what you have available and make a grocery list of what needs to be purchased.
  - D. Go with one of your parents to the grocery store and purchase needed ingredients.
  
2. Cook and serve the meal that you have prepared for your family.
  
3. Make a recipe book, or card files  
Make dividers for either one using these:  
Vegetables, Casseroles, Desserts, Drinks, Special Occasion Dishes, Soups, Salads, Breads..
  
4.
  - A. Make sure your recipe collection has at least two recipes in each divider listed above.
  - B. Make sure that your collection contains ten recipes that you have already had experience cooking.
  - C. Your complete collection should contain at least 50 different recipes.



References: Kids Can Cook By: Dorothy R. Bates  
Strict Vegetarian Cookbook By: Lorine Trade