



SUNFLOWER



1. Observe and describe a sunflower.

Answer: Color - yellow. Size: 3 to 10 ft.

2. The sunflower is _____ state flower.

Answer: Kansas

3. On a US map, find and locate the state that grows sunflowers.

4. What other state produces more sunflowers than the US?

Answer: Minnesota, North and South Dakota

5. Sunflowers are native to the North America. They were introduced to Europe in _____.

Answer: 1500s

6. Why grow sunflowers?

Answer: The sunflower seeds are rich in protein food source.

7. What can you make with sunflower seeds?

Answer: Sunflower oil (third most important oil after soy and palm oil), vegetable oil, roasted seeds which are used for snack food, blended seeds with other grains which are used for birdseed.

8. Construct a sunflower using shapes

- One (1) brown circle
- Six to eight (6-8) yellow triangles
- Three (3) green rectangles
- Two (2) green triangles

9. Read, learn, or act out the poem by Susan Munquia

10. Plant and grow a sunflower or eat some type of food that contains sunflower oil.

11. What spiritual lesson can we learn from the sunflower?

Answer: The sunflower head always follows the sun. We also can follow the Son Jesus Christ and shine in His glory.

SUNFLOWER (Cont'd)

12. Draw, color, or photograph a field of sunflowers facing the sun.

Submitted by: Kelly Lee - 2006