



# What The Bible Says:

## Lesson 5

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### About The Bible Sabbath

*Always pray before opening your Bible.  
Find the text in your Bible and write the answer.*

1. After God finished creating the heavens and the earth, which day did He bless, rest upon, and sanctify? *Genesis 2:2, 3.*

**The Bible Says:** \_\_\_\_\_

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2. Which day of the week is named in the Ten Commandments as “the Sabbath of the Lord thy God”? *Exodus 20:8-11.*

**The Bible Says:** \_\_\_\_\_

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3. How does God ask people to observe the Sabbath in the book of Isaiah? *Isaiah 58:13, 14.*

**The Bible Says:** \_\_\_\_\_

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# What The Bible Says:

## Lesson 6

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### About Today's Forbidden Foods

*Always pray before opening your Bible.  
Find the text in your Bible and write the answer.*

1. What is the desire of our Heavenly Father in regard to our well being? *3 John 2.*

**The Bible Says:** \_\_\_\_\_

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2. Why should the Christian be particularly careful in the way he cares for his body? *1 Corinthians 6:19, 20.*

**The Bible Says:** \_\_\_\_\_

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3. What does the wise man, Solomon, say concerning those who use strong drink? *Proverbs 20:1.*

**The Bible Says:** \_\_\_\_\_

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