

BIG KIDS



1. Brush your teeth daily.
2. Wash your hands before each meal.
3. Keep your hair looking nice.
4. Clean yourself up after playing outside.
5. Know what clothes to wear to church and what clothes to play in.
6. Help an adult by clearing after a meal or an activity.

Helps:

4. Clean arms, face, etc.
6. Pushing in your chair, putting your plate and glass where they belong after eating, etc...