



RED ZONE 2026: STREET SOCCER RULES

1. OBJECTIVE

To promote fun, teamwork, discipline, and sportsmanship while maintaining Christian values and respect among all participants.

2. CATEGORIES

- **Male:** 10–12 years
- **Male:** 13–17 years
- **Female:** 10–17 years
- **Staff:** 18+ years

3. TEAM & GAME FORMAT

- **The Squad:** 4 players on the field with up to 3 substitute players.
- **Substitutions:** Unlimited and "on the fly".
- **Leadership:** Each team must have a responsible leader or staff member.
- **The Match:** 4 vs 4 (no goalkeeper).
- **Timing:** 7-minute games with a running clock and no overtime.

4. BASIC RULES

- No offside rule.
- Goals only count when scored from inside the designated scoring area.
- No sliding tackles, pushing, or aggressive play.
- Kick-ins are used for out-of-bounds play.
- **Goal Area:** No fixed goalkeepers; players cannot remain inside the area at all times to defend, though it may be used as a finishing zone.

5. DISCIPLINE & PENALTIES

- **Yellow Card:** Issued for foul language or rough/heavy fouls.
- **Red Card:** Issued for serious or dangerous fouls; the player is ejected.
- **Referees:** All referee decisions are final.

6. EQUIPMENT & SAFETY

- **Footwear:** Athletic or turf shoes (no metal cleats).
- **Protection:** Shin guards are recommended.
- **Uniform:** Team identification (vests, bands, etc.) is required.
- **Ball:** Size 5.
- **Conduct:** Respect for all participants is mandatory; no unsportsmanlike behavior.
- **Safety:** Stay hydrated and report injuries immediately. Minors must have authorization to participate.